

## NORTHAMPTON SWIM CLUB POOL REGULATIONS

- I. The Pool Director shall be in charge of all activities in the pool area. All comments, criticisms and suggestions should be made to the Pool Director.
  
- II. The pool will be open 11:00 am to 7:00 pm or 8:00 pm depending upon the time of the summer, weather permitting. On rainy days the pool will be open unless the weather is deemed too cold or it is raining too hard. The pool WILL be closed during all thunder and lightning storms and will reopen after the storm has passed. The pool shall not be used unless there is at least one lifeguard on duty.
  
- III. **Upon entering the pool area ALL members MUST register at the registration table. Upon entering the pool area, all guests MUST be registered and guest fee(s) paid to the lifeguard on duty.**
  
- IV. Guest Procedures
  - A) Guest fee is \$9.00 per person
  - B) A member may bring as many guests to the pool as he/she would like. Please remember, however, considerate and not to overcrowd the pool with guests especially on hot days.
  - C) The same person may be brought to the pool as a guest several times but guest privileges should not be abused. In general the same person cannot come to the pool as a guest more than 2-3 times per month. This is particularly true in the case of persons with individual memberships bringing members of their family who are not members.
  - D) Houseguest fee is \$60.00 per week for a family and/or \$40.00 for an individual for a week. A houseguest is a person or family living with a member as a visitor. A houseguest is not a family member who has chosen not to become a member.
  - E) As noted above, all guests must be registered in the registration book and their fees paid to the lifeguard on duty immediately upon entry in to the pool area.
  
- V. Health Rules
  - A) Smoking is NOT allowed in the pool enclosure or the bathhouse.
  - B) All persons using the pool must take a shower before entering the pool. **SUNTAN LOTION MUST BE APPLIED AND ALLOWED TO SOAK IN FOR 10+ MINUTES BEFORE ENTERING THE POOL TO BE EFFECTIVE AND TO HAVE IT NOT WASH OFF IN THE POOL!!!**
  - C) **NO glass of any type may be brought into the pool area.** This includes shampoo and hair rinse containers, food containers and drinking glasses.
  
- VI. Swimming Attire
  - A) Due to Health Codes only swimming attire is permitted to be worn in the pool.
  - B) Due to health concerns, underwear is not permitted to be worn under a swim suit or shorts.

## VII. Conduct

- A) Running, pushing and horseplay in the pool enclosure are prohibited.
- B) NO swimming in the diving area is permitted.
- C) Only one person is allowed on the diving board at a time.
- D) NO back dives are allowed off the edge of the pool.
- E) No back jumps are allowed off the edge of the pool or off the board.
- F) NO diving is allowed in the shallow end of the pool.
- G) NO HEAD FIRST ENTRIES ARE ALLOWED OFF THE DIVING BOARD, ENTRIES MUST BE FOOT FIRST (JUMPS, FLIPS, ETC.. ARE FINE)
- H) Members and guest in bathing suits must remain in the pool enclosure or picnic area and not venture out onto the golf course.

## VIII. Children

- A) Children under 12 who have successfully passed the "Pool Safety Test" may use the pool without parental supervision. Parents of non-swimmers must be present when their children are in the pool area. Children will be restricted to the shallow end of the pool until they pass the "Pool Safety Test".
- B) In order to use the deep end of the pool without direct parent supervision, a child must be a good enough swimmer to pass the pool safety test.
- C) Children, under three years of age, must be accompanied by a parent at all times and at NO time will an under-three-child be permitted to crawl on the deck. Playpens will be permitted on the lawn.
- D) A brother, sister or baby sitter, 14 years or older, may be responsible for no more than two non-swimmers in the pool area.
- E) All children who are not toilet trained **are required** to wear a containment suit under their normal swim suit – disposable or cloth diapers are not adequate.

Pool Safety Test: 1 length of the pool on the front and 1/2 length of the pool on the back done continuously.

## IX. General Rules

- A) Food and beverages will be permitted on the grass areas of the pool enclosure. No food or drink is permitted on the deck surrounding the pool or in the bathhouse. **Absolutely no glass is permitted in the pool enclosure.**
- B) Parents are responsible for the supervision of their children. Please do not let them disrupt or interfere with the pleasure of other members.
- C) The Club is not responsible for any accidents resulting from the use of the pool nor for the loss of personal property including valuables. Do not leave valuables in the bathhouse.
- D) The use of fins, masks, snorkels, balls and other play equipment in the pool is left to the discretion of the lifeguards.
- E) Bubbles and other water-support teaching aides are permitted in the pool.
- F) All children should change clothes in the bathhouse and infants should be changed in the bathhouse.

This is your Club and these rules have been prepared with the view of making the use of the facilities most enjoyable to you, the members.

Thank you for your cooperation.

Pool Director: Kim Bierwert 584-7256  
Pool Phone: 584-0194 (summer only)